

Clear Creek Amana

6-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Apr - 2</p> <p>*American Hoagie *French Fries *Ketchup *Cucumber Slices *Mixed Fruit *MILK - Variety</p>	<p>Apr - 3</p> <p>*Chicken Patty on Bun *Dill Pickle Spear *Baked Beans *Coleslaw *Applesauce *MILK - Variety</p>	<p>Apr - 4</p> <p>*Pizza Cheese Cruncher *Marinara Sauce *Peas *Peaches Sliced *MILK - Variety</p>	<p>Apr - 5</p> <p>*Hot Dog/Cheeddarwurst *Ketchup/Mustard *Broccoli w/Cheese Sauce *Carroteenies *Pears Sliced *MILK - Variety</p>	<p>Apr - 6</p> <p>*Chicken Nuggets *Sweet Potato Fries *Celery Sticks *Dipping Sauce *Pineapple *Dick & Jane Snacks *MILK - Variety</p>
<p>Nutrients Target Cals... 627 100% Sodium. 1172 mg Sugar 0.6*g 0.4%Cal Prot 26.8g 17.1%Cal Carb 101.1g 64.5%Cal T.Fat 14.8g 21.2%Cal</p>	<p>Nutrients Target Cals... 675 100% Sodium. 1304 mg Sugar 2.6*g 1.6%Cal Prot 33.8g 20.1%Cal Carb 98.4g 58.4%Cal T.Fat 17.0g 22.7%Cal</p>	<p>Nutrients Target Cals... 675 100% Sodium. 1047 mg Sugar 11.9*g 7.0%Cal Prot 31.9g 18.9%Cal Carb 92.3g 54.6%Cal T.Fat 21.6g 28.8%Cal</p>	<p>Nutrients Target Cals... 689 100% Sodium. 1553 mg Sugar 1.4*g 0.8%Cal Prot 28.6g 16.6%Cal Carb 90.0g 52.3%Cal T.Fat 22.9g 29.9%Cal</p>	<p>Nutrients Target Cals... 669 100% Sodium. 942 mg Sugar 30.3*g 18.1%Cal Prot 26.3g 15.8%Cal Carb 97.3g 58.2%Cal T.Fat 21.5g 29.0%Cal</p>
<p>Apr - 9</p> <p>*Crazy Chicken Wrap *Corn, frozen, yellow *Cherry Tomatoes *Fresh Fruit *MILK - Variety</p>	<p>Apr - 10</p> <p>*Pepp or Chs Pizza *Spinach Romaine Salad *Dressing Ranch Lite *Strawberries,fzn *Rice Krispie Bar *MILK - Variety</p>	<p>Apr - 11</p> <p>*Pollock Fillet *Tartar Sauce *Breadstick WG *Tater Tots *Cucumber Slices *Applesauce *MILK - Variety</p>	<p>Apr - 12</p> <p>*Cheeseburger *Ketchup/Mustard *Baked Beans *Celery Sticks *Slushie 4oz *MILK - Variety</p>	<p>Apr - 13</p> <p>*Macaroni & Cheese *Little Smokies *Breadstick WG *Green Beans *Red Pepper Strips *Fresh Fruit *MILK - Variety</p>
<p>Nutrients Target Cals... 674 100% Sodium. 988 mg Sugar 17.6*g 10.4%Cal Prot 34.3g 20.4%Cal Carb 90.8g 53.8%Cal T.Fat 22.4g 29.9%Cal</p>	<p>Nutrients Target Cals... 659 100% Sodium. 1338 mg Sugar 1.8*g 1.1%Cal Prot 27.3g 16.6%Cal Carb 104.6g 63.4%Cal T.Fat 18.7g 25.6%Cal</p>	<p>Nutrients Target Cals... 610 100% Sodium. 912 mg Sugar 0.6*g 0.4%Cal Prot 26.9g 17.6%Cal Carb 89.6g 58.8%Cal T.Fat 16.4g 24.2%Cal</p>	<p>Nutrients Target Cals... 617 100% Sodium. 1226 mg Sugar 1.0*g 0.6%Cal Prot 36.0g 23.4%Cal Carb 89.0g 57.7%Cal T.Fat 12.1g 17.7%Cal</p>	<p>Nutrients Target Cals... 713 102% Sodium. 1683 mg Sugar 15.7*g 8.8%Cal Prot 30.7g 17.2%Cal Carb 84.3g 47.3%Cal T.Fat 29.5g 37.3%Cal</p>
<p>Apr - 16</p> <p>*Beef and Noodles *WG Dinner Roll *Margarine *Green Beans *Cherry Tomatoes *Mandarin Oranges *MILK - Variety</p>	<p>Apr - 17</p> <p>*Popcorn Chicken *Mashed Potato/Gravy *Carrot Coins *Cherry Crisp *MILK - Variety</p>	<p>Apr - 18</p> <p>*Beef Taco *Refried Beans *Applesauce *Chips, Tortilla *MILK - Variety</p>	<p>Apr - 19</p> <p>*Cheese Garlic Flatbread *Spinach Romaine Salad *Salad Dressing Asstd *Cucumber/Rd Pepper *Fresh Fruit *Raisins *MILK - Variety</p>	<p>Apr - 20</p> <p>*No School</p>

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Clear Creek Amana

6-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrients Target Cals... 606 100% Sodium. 859 mg Sugar 1.1*g 0.7%Cal Prot 30.1g 19.9%Cal Carb 95.0g 62.7%Cal T.Fat 12.9g 19.1%Cal	Nutrients Target Cals... 672 100% Sodium. 1023 mg Sugar 3.0*g 1.8%Cal Prot 26.8g 16.0%Cal Carb 94.5g 56.3%Cal T.Fat 22.4g 30.0%Cal	Nutrients Target Cals... 652 100% Sodium. 1215 mg Sugar 0.7*g 0.4%Cal Prot 30.6g 18.8%Cal Carb 87.9g 54.0%Cal T.Fat 21.4g 29.6%Cal	Nutrients Target Cals... 651 100% Sodium. 1018 mg Sugar 21.0*g 12.9%Cal Prot 28.8g 17.7%Cal Carb 90.4g 55.5%Cal T.Fat 21.8g 30.1%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Sugar 0.0*g 0.0%Cal Prot 0.0g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0g 0.0%Cal
Apr - 23 *Deli Wrap *Corn, frozen, yellow *Red Pepper Strips *Applesauce *Doritos RF 1 oz *MILK - Variety	Apr - 24 *Macho Nachos *Black Bean Salsa *Refried Beans *Fresh Fruit *Churro WG *MILK - Variety	Apr - 25 *Ch Breadstick w/marinara *Green Beans *Grapes *Cookie, Cherry Oatmeal *MILK - Variety	Apr - 26 *Sloppy Joe on Bun *Tater Tots *Dill Pickle Spear *Carrot Sticks *Pineapple *MILK - Variety	Apr - 27 *Spaghetti w/Meat Sauce *Garlic Toast *Spinach Romaine Salad *Salad Dressing Asstd *Cucumber Slices *Mandarin Oranges *MILK - Variety
Nutrients Target Cals... 678 100% Sodium. 1632 mg Sugar 7.2*g 4.3%Cal Prot 33.7g 19.9%Cal Carb 103.0g 60.7%Cal T.Fat 16.9g 22.4%Cal	Nutrients Target Cals... 687 100% Sodium. 1663 mg Sugar 18.9*g 11.0%Cal Prot 31.3g 18.2%Cal Carb 94.0g 54.7%Cal T.Fat 24.6g 32.2%Cal	Nutrients Target Cals... 658 100% Sodium. 1153 mg Sugar 17.5*g 10.7%Cal Prot 27.3g 16.6%Cal Carb 98.0g 59.6%Cal T.Fat 18.3g 25.1%Cal	Nutrients Target Cals... 665 100% Sodium. 1217 mg Sugar 25.8*g 15.5%Cal Prot 32.4g 19.5%Cal Carb 88.1g 53.0%Cal T.Fat 21.9g 29.6%Cal	Nutrients Target Cals... 661 100% Sodium. 1130 mg Sugar 3.3*g 2.0%Cal Prot 35.7g 21.6%Cal Carb 92.6g 56.1%Cal T.Fat 19.4g 26.4%Cal
Apr - 30 *BBQ Pork Sandwich *Baked Beans *Coleslaw *Pears *MILK - Variety				
Nutrients Target Cals... 647 100% Sodium. 705 mg Sugar 16.3*g 10.1%Cal Prot 38.4g 23.7%Cal Carb 90.7g 56.0%Cal T.Fat 15.0g 20.9%Cal				

Alternate Meal Cheese Sand, Apple and Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.